

Omayra Muñoz-Lorenzo, PhD, CRC

University at Buffalo
412 Baldy Hall Buffalo, NY 14260
716-645-1118
omayramu@buffalo.edu

EDUCATION

May 2012

Ph.D. Counselor Education

University of Maryland, College Park (*CACREP-accredited*)

Dissertation: A Qualitative Study of Characteristics, Competencies, and Strategies of Transition Staff Working with Urban Latinx Youth with Disabilities

May 1999

M.A. Rehabilitation Counseling

University of Puerto Rico, Rio Piedras (*CORE-accredited*)

Thesis: Ajuste Psicosocial de un grupo de Mujeres Mastectomizadas en Relación al Apoyo Familiar Recibido
Psychosocial adjustment of a group of women with a mastectomy in relationship to family support

May 1993

B.A. Social Work

University of Puerto Rico, Rio Piedras

LICENSES & CERTIFICATES

- 2012 – Present: Certified Rehabilitation Counseling (CRC) # 00112336
- 2017 - 10/26/2021: Mental Health Counseling Permit Holder # P07940 (License Eligible)

LANGUAGES

- Bilingual English and Spanish

PROFESSIONAL EXPERIENCE

Clinical Assistant Professor

9/2021 -Present

Dept. of Counseling, School, & Educational Psychology

Rehabilitation Counseling Program

The State University of New York at Buffalo

Clinical Assistant Professor in the Rehabilitation Counseling Program. Responsibilities include teaching Rehabilitation Counseling courses, engage in services and advocacy efforts. Participate in the admission process to ensure a high-quality and diverse student body, advising and mentoring students in the online and on-campus programs. Perform other university and departmental duties including serving on committees, attending faculty meetings, and engaging in community service.

Courses Taught:

CEP 596: Field Work: Counseling Techniques
CEP 600: RC Internship
CEP 653: Foundations of Counseling Theory
CEP 649: Foundations of Rehabilitation Counseling
CEP 703: Independent Study
CEP 597: Counseling Practicum
CEP 615: Legal and Ethical Issues in Counseling
CEP 705: Portfolio and Professional Development

Clinical Coordinator & Adjunct Faculty

5/2013 – 8/2021

Dept. of Counseling, School, & Educational Psychology, The State University of New York at Buffalo

Responsibilities include the coordination and arrangement of practicum and internship field placements for students in the **CORE/CACREP** accredited Rehabilitation Counseling program. Provide students with a detailed orientation on available sites and the site selection process. Explain supervisor guidelines and students' evaluation information. Assist students in preparing for the field placement interview, visit sites and maintain relationships, and secure and maintain existing affiliation agreements with all field placement sites. Maintain a database with site information, identify and analyze new sites and determine if sites meet placement guidelines. Other duties include recruit, retain, and academically advise students in the program and attend rehabilitation counseling advisory board meetings and faculty meetings. I also serve as an **Adjunct Faculty** member, teaching at least one course per semester (e.g., Introduction to Mental Health Counseling, Foundations of Counseling Theories, Legal and Ethical Issues in Counseling, Portfolio and Professional Development, and Internship).

Bilingual Mental Health Counselor (MHC-P)

8/2017 – 6/2021

Best/Self Behavioral Health

Provide outpatient mental health services to clients who have mental health, substance use, or cooccurring concerns from a diverse background using a culturally sensitive framework. Duties and responsibilities include individual and group therapy to individuals and support services for their families, crisis counseling, comprehensive assessments, diagnose, treatment plan, discharge, and link clients as appropriate, routinely conduct lethality and mental status assessment; and perform toxicology screenings, communicates with others in client service systems to coordinate care including, but not limited to, primary care physicians, insurance companies and other service providers involved in the care of clients.

Clinical Assistant Professor (Volunteer Status)

8/2018 – 7/2019

Dept. of Counseling, School, & Educational Psychology, The State University of New York at Buffalo

Due to staffing limitations during the 2018-2019 academic year, I served as Clinical Coordinator and a Clinical Assistant Professor in the Rehabilitation Counseling Program. Responsibilities included teaching and mentoring students in the online and on-campus Rehabilitation Counseling Masters programs and attending program and departmental meetings. Teaching load included:
Fall 2018: CEP 600: Internship & CEP 653: Foundation of Counseling Theories
Spring 2019: CEP 600: Internship & CEP 615: Legal and Ethical Issues in Counseling

Vocational Rehabilitation Counselor (Contractor)

Aug. 2009- May 2012

National Rehabilitation Hospital (NRH), Washington, DC

Provided inpatient and outpatient vocational rehabilitation services to individuals with disabilities (e.g., TBI, spinal cord injury, stroke, amputations, Learning Disabilities, ADHD). Through evaluation and assessment helped diverse individuals with disabilities achieved successful reintegration into school, employment, or other meaningful activities. Provided services in *Spanish* and English. Translated materials from English to Spanish. Increased number of clients serviced by NRH by serving as the sole bilingual vocational rehabilitation counselor.

Counselor

Feb. 2005 – May 2005

Higher- Opportunities for Latino Achievers (HOLA) Upward Bound Program: University of Maryland, College Park

Provided academic lectures and facilitated groups with Latinx students in the Higher-Opportunities Latino Achievers (HOLA) program. Topics included understanding student roles, problem-solving, college preparation, academic improvement, self-esteem, and career development.

Vocational Rehabilitation Counselor II

Feb. 2000 -Aug. 2004

Department of Labor and Human Resources Vocational Rehabilitation Agency, San Juan, Puerto Rico

Planned, coordinated, and provided services to diverse individuals with physical and emotional disabilities. Evaluated and analyzed medical, psychiatric, psychological, social, and vocational information to determine eligibility for rehabilitation services. Assisted the consumer in the selection of vocational goals. Provided orientation services, placement, and career counseling. Trained and supervised assistant counselors and administrative assistants. Managed budget for rehabilitation services. Consulted with physicians on consumer related matters as necessary. Determined functional limitations and the impact of disability in employment. Analyzed medical and psychological information, to decide additional assessments.

Case Manager

Sep. 1995 - Jan. 2000

San Juan Capistrano Hospital; San Juan, Puerto Rico

Provided therapeutic interventions to patients with various mental health diagnosis and levels of care at the individual and family level. Directed and coordinated group therapy sessions focusing on cognitive behavioral therapy and alternatives management. Discussed cases and coordinate treatments plans with the multidisciplinary team. Coordinated services with the ambulatory programs and managed care. Assisted management as required.

TEACHING EXPERIENCE

Counseling, School, & Educational Psychology, University at Buffalo August 2012-Present

CEP 596: Field Work (Fall 2021, 2022)

The primary purpose is to provide students with a broad-based foundation in basic counseling skills, knowledge, and competency in counseling and to foster an identity as a Rehabilitation Counselor and to prepare them for their clinical experiences in Practicum (CEP 597) and Internship (CEP 600).

CEP 600: Internship (Fall 2018 & Spring 2019; Fall 2022 & Spring 2023)

Internship is the third of the three sequential courses that provide a clinical experience component to the program. Rehabilitation counseling internship is designed as a supervisory experience integrating theory and research at the agency/organization placement site. Weekly supervision provided: support, feedback, case review, continuation of skill development, and opportunities for reflective inquiry.

CEP 703 Independent Study (Fall 2022)

Activities within the independent study are to be arranged individually by the student and supervising faculty. Prerequisite(s): permission of instructor. Credits: 1-10

CEP 649: Rehab Foundations (Fall 2021)

This is an introductory course for first-year master's students in rehabilitation counseling. The course is intended to provide you with a broad overview of the profession of rehabilitation counseling with an emphasis on both theoretical and practical aspects of the field. It also teaches the history, philosophy, legal basis, principles, service delivery systems and procedures of rehabilitation counseling. It prepares future rehabilitation counselors with fundamental knowledge and skills in serving people with disabilities in state-federal (public), non-profit, and private/for-profit rehabilitation sectors as one of rehabilitation team members.

CEP 521: Introduction to Mental Health Counseling (Fall 2020)

This introductory course provides an overview of mental health counseling as a profession. Core topics include history and current trends of counseling, mental health counselor's activities and work settings, role of diagnosis and counseling theories, community interventions and outreach, professional issues, and ethics. Emphasis on multicultural competence and social justice advocacy as well as awareness of personal characteristics and strengths needed to be an effective counselor are also explored in this class.

CEP 597: Counseling Practicum (Spring 2022, 2023)

Counseling Practicum is the second in the series of three clinically focused classes that are mandatory for all students pursuing the Master of Science Degree in Rehabilitation Counseling. The purpose of this course is to assist the continuing development of your repertoire of counseling and professional skills. These skills may be useful in expanding your insight into effectively matching strategies with achievement of therapeutic goals.

CEP 615: Legal and Ethical Issues in Counseling (Spring 2016, 2017, 2018, 2019, 2020, 2021)

This course provided counseling students in MHC, RC, SC with various legal and ethical frameworks found in varying counseling work environments (e.g., private practice, schools, public agencies) and specialties (mental health counseling, school counseling, rehabilitation counseling). Students learn about professional organizations and the history and development of ethical codes for helping professionals. Particular attention is placed on coping with ethical dilemmas and on the complex relationship among legal, moral, and ethical principles.

CEP 705: Portfolio and Professional Development (Summer 2014 & 2015)

This independent course provides an opportunity to create a comprehensive portfolio to exemplify the student's professional growth throughout their career in the Rehabilitation Counseling master's Program and provided potential employers with a sample of some of students' best work.

CEP 401: Introduction to Counseling (Spring 2013)

This course provided an overview of the theoretical assumptions and clinical practices that have shaped the development of the counseling profession. The course covered basic history, origins and theoretical approaches to counseling and psychotherapy, a variety of techniques, individual and group counseling, and specific topic considerations.

CEP 653: Foundations of Counseling Theories (Fall 2012; 2018; 2021)

The main function of this course was to introduce the major theories of counseling and psychotherapy, their background or history, the theories of personality from which they are derived, and their applications to counseling practice. The course also includes consideration of professional and ethical issues in counseling.

University of Maryland, College Park Department of Counseling, Higher Education, and Special Education Teaching Assistant

EDCP 617: Group Counseling in Schools, Fall, 2008 (Dr. Courtland Lee)

Department of Counseling and Personnel Services; University of Maryland, College Park. Facilitated a personal growth group for master level students from School Counseling program.

EDCP 615: Counseling I: Appraisal, Spring, 2007 (T.A. under Dr. Ellen Fabian)

Course description: This course provided counseling students with the basic knowledge and skills necessary to use, conduct, and interpret assessments generally used in the rehabilitation counseling field. The course served the larger goal of producing professional counselors who will function as reflective practitioners in a pluralistic society.

EDCP 617: Group Counseling in Schools, Fall, 2006 (Dr. Courtland Lee) Department of Counseling and Personnel Services; University of Maryland, College Park. Facilitated a personal growth group for master level students from the School Counseling program.

EDPL 338Z: Black/Latinx Dialogue, Spring, 2005.

Redesigned and co-lead an intergroup dialogue for undergraduate students about cultural diversity. One credit course.

EDCP 312: Multicultural Peer Counseling (Co-taught) Fall, 2004
Office of Multi-Ethnic Student Education
The Stars Peer Mentoring Program, University of Maryland
Course focused on issues of multiculturalism in college. Topics include the convergence of race, gender, ethnicity, disability, and sexuality.

SUPERVISION EXPERIENCE

Clinical Supervisor

Jan. 2021 –Dec 2022

Provided weekly supervision to graduate students in Counseling Practicum and Internship in the RC On-Campus and Remote program interning at different agencies across NY state as part of their placement courses.

Internship Supervisor

Jan. 2007- May 2007

Provided supervision to one exchange student from Brazil during her internship in the High School High Tech Program. Provided feedback to intern based on didactic supervision.

Clinical Supervisor Assistant

Aug. 2005 – Dec. 2006

EDCP 619R: Practicum in Rehabilitation Counseling: Provided weekly supervision to two students in the Rehabilitation-Counseling program. Listened to the audio tapes of the intern and client. Provided feedback to intern based on information gathered through audio tape, process notes and didactic supervision.

Practicum Supervisor

Jan. 2005 – May 2005

EDCP 775 Clinical Supervision. Department of Counseling and Personnel Services.

Provided weekly supervision to one student in the school counseling program. Listened to audio tapes of the intern and client. Reviewed process notes taken by the intern. Provided feedback to intern based on information gathered through audio tape, process notes and didactic supervision.

Practicum Supervisor

Aug. 2000 - Dec. 2000

University of Puerto Rico; Rio Piedras

Supervised master's students completing counseling internship in San Juan Capestrano Hospital. Assisted with individual intervention in the Psychiatric Unit. Reviewed process for plan of services and individual interventions. Provided feedback of the interventions and counseling relation development.

GRADUATE ASSISTANTSHIPS AND INTERNSHIPS

Disability Support Services (DSS) Counseling Center, University of Maryland

July 2010-Jul. 2011

Responsibilities included the coordination of the Reading Unit in the Counseling Center, Disability Support Services. Meet with the students and provided alternative test format.

Responsibilities also include supervision of student workers. Assisted the Testing Unit in proctoring test.

Program Coordinator

Jan. 2008 – Jul. 2010

Counselor Education & School Counseling Program, University of Maryland Responsibilities included the coordination of student's interview for the PhD Program in Counselor Education and master in School Counseling program. Assist the faculty during the interview process, conduct interviews with student applicants and answer student questions during the application process. In addition, work as a member of a faculty search committee.

Program Coordinator

High School High Tech Program, University of Maryland

Jul. 2006- Sep. 2007

Responsibilities included the recruitment, advising and mentoring of students with disabilities during a pre-college experience. Responsibilities also include internship coordination, submission of quarterly reports, the collection and reporting of data and follow up with exiting students.

Research Assistant II

Maryland Institute for Minority Achievement and Urban Education:

Latino Student Higher Education Access and Success Project, University of Maryland

Aug. 2004- Jul. 2006

Under the direction of Dr. Edna Mora Zymansky, Dr. Martin Johnson and Dr. Irene Zoppy, completed a literature review on parental involvement, developed research questions for focus groups and translated the questionnaire, and research forms. Conducted the Focus Group with Latino parents and collected, analyzed, and coded the data for the Parental Involvement Project in Prince Georges County Public Schools (IRB Application # 05-0464).

Outpatient Group Facilitator

San Juan Capestrano Hospital; San Juan, Puerto Rico

Feb. 2000-Feb. 2000

Provided outpatient support groups for psychiatric patients. Focused on issue such as family relationships, dealing with depression and treatment. Periodically we integrated family members into the group.

Counselor Internship

San Juan Capestrano Hospital, Substance Abuse Unit; San Juan, Puerto Rico

Aug. 1995-Dec.1995

Provided individual intervention, assessment, and prepared interdisciplinary evaluations. Conducted and participated in various counseling therapy groups. Assisted patients in establishing treatment goals and discharge planning. Documented the progress of patients in their treatments charts and provided family orientations. Participated in multidisciplinary staff meetings and coordinated discharge and ambulatory treatments.

PUBLICATIONS

Bohall, G., Bautista, M., Musson, S., **Muñoz -Lorenzo, O.**, Ward-Sutton, C. (Eds.) (2023). *Dangerous Behavior in Clinical and Forensic Psychology Series: Suicidality and Self-Injury*. Springer. Manuscript in Preparation

Lee, C.C., Burnhill, D., Butler, A., Hipolito-Delgado, C. P., Humphrey, M., **Muñoz, O.** & Shin, H., (2008). Elements of culture in counseling: Theory and Practice. Allyn and Bacon.

BOOK CHAPTERS

Burnhill, D., Butler, A., Hipolito-Delgado, C. P., Humphrey, M., Lee, C.C., **Muñoz, O.** & Shin, H., (2008). *Evolution of Multicultural counseling*. In C.C. Lee et al. (Eds.) Elements of culture in counseling: Theory and Practice. Allyn and Bacon.

Burnhill, D., Butler, A., Hipolito-Delgado, C. P., Humphrey, M., Lee, C.C., **Muñoz, O.** & Shin, H., (2008). Elements of Culturally Competent Counseling in the 21st Century. In C.C. Lee et al. (Eds.) Elements of culture in counseling: Theory and Practice. Allyn and Bacon.

Muñoz -Lorenzo, O., Munoz, A. & Ward-Sutton, C. (2023). Drug Use Disorders. *Dangerous Behavior in Clinical and Forensic Psychology Series: Suicidality and Self-Injury*. Springer. Manuscript in Preparation

Shin, H. & **Muñoz, O.** (2008). Acculturation: Context, Dynamics, and Conceptualization. In C.C. Lee et al. (Eds.) Elements of culture in counseling: Theory and Practice. Allyn and Bacon.

REFEREED ISSUE BRIEF

Tilson, G. & **Muñoz, O.** (2010, December). The impact of personnel factors on employment outcomes of urban at-risk youth. (Issue Brief No. 1102). Center on Transition to Employment for youth with disabilities, Bethesda, Md
<http://hdl.voced.edu.au/10707/375571>
Series: [Center on Transition to Employment issue brief](#); no. 1102

GRANTS

Long-Term Training: Rehabilitation Counseling. (2019-2024). U.S. Department of Education training grant award (#H129B190047) administered through the Rehabilitation Services Administration. (\$1.0 million award). Principal Investigator: Scott A. Sabella. Key personnel: Omayra Muñoz; Courtney Ward-Sutton

PROFESSIONAL PRESENTATIONS

Tosado II, L., Torres-Fernandez, I., **Muñoz, O.**, Gallardo-Cooper, Estrada, D. (2016, March). Bilingual Counseling Competencies: A Framework for Working with Spanish Speakers. Program presented at the American Counseling Association, Montreal, Canada.

Johnson, M., Amado, A. & **Muñoz, O.** (2006, November). Acculturation issues confronting Maryland educators: Perspectives for school board members. Program presented at Maryland Association of Board of Educators, Ocean City, Maryland.

Muñoz, O. & Gomez, A. (2006, March). Mentoring graduate students: Graduate student association summit. Program presented at the American Counseling Association, Montreal, Canada.

Gallardo-Copper, M., Arciniega, M., Santana, A., **Muñoz, O.**, Estrada, D., Gracioso, M.P., Tovar, Z., López, M., Paladino, D. (2006, March). Task force for counseling competencies with Latino clients and families. Program presented at the American Counseling Association, Montreal, Canada.

Charles-Pierre, S., Colón, B. Ethridge, G., Humphrey, M. & **Muñoz, O.** (2006, February). Empirically Supported Treatments for Psychiatric, Learning, and Substance Abuse Disabilities. Program presented at National Rehabilitation Conference, San Diego, CA

Muñoz, O. (2005, May). Psychosocial Adjustment of Mastectomies Woman in Relation to their Perceived Family Support. Maryland Association for Counseling and Development. Ocean City, MD.

Lee, C., Colon, B., Johnson, G., **Muñoz, O.**, Roger, R., Shin, H. J., (May 2005). *Graduate Panel*. Maryland Association for Counseling and Development. Ocean City, MD.

Lee, C., Zoppi, I., Tosado, L. A. II, **Muñoz, O.** (March 2005). Latino Family Influence on High School Completion and College Going. College Park, MD: Maryland Institute for Minority Achievement and Urban Education, University of Maryland, College Park.

Muñoz, O. (2005, December). Rehabilitation Counselor and Schools. Guest Lecture in Especial Education Course in Montgomery College, Germantown, MD

Mulgado, M., **Muñoz, O.**, Vargas, Emilia. (December 1999). Psychosocial Adjustment of Woman with Mastectomies in Relation to their Perceived Family Support. Thesis presented at the University of Puerto Rico, Rio Piedras.

PROFESSIONAL SERVICE, COMMUNITY SERVICE, AND COLLABORATION

- (2022- Present) Decanal review committee, University at Buffalo
- (2021-Present) CSEP representative on the GSE grievance committee

- (2022, Fall) Search Committee: Clinical Faculty Position in Rehabilitation Counseling
- (2021-22) Ad-hoc GSE committee for promotion and tenure policy /clinical faculty title nomenclature.
- (2021-22) CACREP self-study and site visit
- (2021, Fall) Search Committee: Tenure Track Faculty Position in Rehabilitation Counseling
- (2021, Spring) Search Committee Member: Clinical Coordinator Rehabilitation Counseling Program
- (2009-2010) Latino Graduate Student Association (UMD)
- (2013-2019) Advising Students in the Rehabilitation Counseling Program
- (2015, Spring) MPCAC Accreditation Visit (CSEP)
- (2006, Spring) Latino Families Task Force, American Counseling Association
- (2006-2006) Graduate Student Association (GSA).
- (2006) Promoting student leadership, mentoring and development American Counseling Association.
- (2002-2003) Sub-Secretary Association of Rehabilitation Counselor San Juan, Puerto Rico
- (2000-2004) Committee Member Association of Rehabilitation Counselor San Juan, Puerto Rico

Student Advising and Mentoring

- Advising for Students in the master's degree in Rehabilitation Counseling
 - 2022-2023 (35 Students)
 - 2021-2022 (20 Students)
 - 2018-2019 (12 Students)
 - 2013-2017 (32 Students)
- Committee Member -Proposal Educational Psychology and Quantitative Methods Student Qualifying Paper
 - 2022 (1 Student)

PROFESSIONAL MEMBERSHIP

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- American Rehabilitation Counseling Association (ARCA)
- New York Mental Health Counseling Association (NYMHCA)

FELLOWSHIPS AND AWARDS

- Best|Self Behavioral Health Award
- SUNY UUP Discretionary LSP
- RSA Long-Term Training Scholarship
- Rehabilitation Services Administration
- Outstanding Counselor of the Year Award Vocational Rehabilitation Agency

RECENT CONFERENCES & TRAININGS ATTENDED

- 2023 Developing a Framework for Anti-Oppressive Student and Faculty Experiences in Counselor Education” online training presented by the Counselors for Social Justice, Professional Development Institute
- 2023 *The Trauma of Racism: Expert Strategies to Help Clients Heal*. The National Institute for the Clinical Application of Behavioral Medicine
- 2023 Social Justice & The Counseling Profession: From Theory to Practice” Online training presented by the Counselors for Social Justice
- 2023 Facilitating Students’ Journeys Through Their Cultural Trepidations: A Racial Healing Group for Counselors-in-Training.
- 2022 Psychological Well-being: Fostering Resilience Among Students of Color, The University at Buffalo Alberti Center for Bullying Abuse Prevention
- 2022 Online Course: Expert Strategies to Help Clients Develop Tolerance for Emotional Distress provided, National Institute for the Clinical Application of Behavioral Medicine
- 2022 Restorative Justice Training provided by the Erie County Restorative Justice Coalition.
- 2022 Paved with Good Intentions: Ethical Dilemmas, Court, and Ethics Board Review – Part 1, 2 & 3
- 2022 Pandemic: Empathy Fatigue and Counselor Resiliency
- 2022 Counseling Students Who Have Experienced Trauma: Practical Recommendations at the Elementary, Secondary, and College Levels
- 2022 Coming Out to Clients: An Ethical Decision-Making Model
- 2022 Culturally Adapted CBT with African Americans
- 2022 Mental Health Counseling Technology: Ethical and Risk Management Strategies for Professional Counselors
- 2020 Self-Study Risk Management: Malpractice Cases and Claims Against Professional Counselors
- 2018 Alberti Center for Bullying Abuse Prevention's Annual Conference
- 2017 The Physicians for Human Rights Forensic Evaluation Training provided by Kim Griswold, MD Medical Forensic Trainer Human Rights Initiative
- 2019 Helping Clients Cope with Pet Grief and Loss
- 2017 Alberti Center for Bullying Abuse Prevention's Annual Conference
- 2017 American Counseling Association Annual Conference & Exposition
- 2017 Marginalized in America: The State of the Minority Community and Our Role in the Counseling Profession
- 2017 Navigating Ethical Dilemmas when Working with Military Families
- 2016 American Counseling Association Annual Conference & Exposition
- 2016 A Look at Multicultural Counseling Competency: Pregnancy Discrimination and Retaliation