

Rebecca Frandina Jacob, PhD

CRC, LMHC, School Counselor

rfrandinaj@gmail.com
716-907-2233

Professional Summary

Dedicated counselor with strong experience combining professional identity, collegiate teaching, student advisement, and researched-based instruction. Extensive counseling experience with diverse groups and populations with ongoing focus to inclusion, social justice, and advocacy.

License and Certifications

Rehabilitation Counselor #00002968
Mental Health Counselor #001211-1
School Counselor #015746011

Skills

- In-person and online instruction
- Graduate level teaching
- Student mentoring
- Counselor supervision
- CACREP knowledge
- Program administration
- Collaborative teaming
- Community network

Professional Experience

State University of New York at Buffalo Buffalo, NY
Clinical Assistant Professor, Rehabilitation Counseling (effective
Department of Counseling, School, and Education Psychology 9/1/2023)

- *Graduate CACREP courses: Rehabilitation Foundations, Foundations of Counseling Theory, Medical and Psychosocial Aspects of Disability. High quality course instruction with emphasis on culturally responsive, inclusive principles, rehabilitation counselor skill development; student support, advisement, and supervision. Engaged service to the university, community, and the profession.*

Medaille University, Clinical Assistant Professor Mental Health Counseling Buffalo, NY
Department of Counseling and Clinical Psychology Jan-June '23

- *Graduate CACREP Courses: Human Growth and Development, Introduction to Substance Abuse Counseling, Social and Cultural Diversity. Provide research-based knowledge of counseling techniques, professional and ethical issues; focus to multicultural awareness, diversity and advocacy. Faculty coordination, collaboration, advancement of organizational standards and service implementation.*

*State University of New York at Buffalo, Visiting Instructor Faculty
Department of Counseling, School, and Educational Psychology*

*Buffalo, NY
2021 –2022*

- Graduate Courses: Principles of Counseling Practicum, Internship, Counseling Children and Adolescents, Leading and Evaluating Comprehensive School Counseling Program, Introduction to Group Work. Support goals and mission of the department with focus to diversity, equity, and promotion of an inclusive learning environment; ongoing faculty collaboration; development of course design relevant to counselor education; coordination of undergraduate/graduate multi-department Counseling Experiential activity; mentor and supervise students in accordance with professional academic standards, focus to students' developing professional identity, leadership skills, and social justice advocacy; integrate counseling theory, clinical knowledge, practical experience, and evidenced-based practice into quality instruction; model sustained professional counselor identity, involvement, and scholarly practice.

*State University of New York at Buffalo, Adjunct Faculty
Department of Counseling, School, and Educational Psychology*

*Buffalo, NY
2013-current*

- Graduate and Undergraduate Courses: Introduction to Counseling, Introduction to Grief and Loss, Diversity and Human Relations, Principles of Counseling Practicum, Internship. Promote students' knowledge of foundations, principles, and processes of counseling; support students understanding of multiculturalism, respect for individual differences, and social justice advocacy; employ real-world application of data-driven counseling interventions; actively orient and support professional counselor identity and roles. Develop course design to align with awareness of environmental, social, and individual barriers, with focus to diversity, evidenced-based interventions, and foundations of counselor education.

*Stanley G. Falk School
School Counselor, Rossler site*

*Cheektowaga, NY
1996 - 2021*

- Provide comprehensive counseling services for diverse K-12 special education students in accordance with their Individual Education Plan (IEP), as mandated by the Federal Individuals with Disabilities Education Act (IDEA). Resourceful focus to students' differing disabilities - educational, social, behavioral, developmental, health - and their corresponding vocational concerns. Promote inclusion and facilitation of student well-being with attention to necessary supports, services, and accommodations to enable the student to advance in obtaining their goals. Formal assessment and evaluation of students' academic, social-emotional, behavioral, and vocational needs including linkage with Adult Career and Continuing Education Services (ACCESS-VR). Ongoing collaboration and consultation with staff, student, guardians, school administrators, school district personnel, and supportive agencies to facilitate student empowerment, self-advocacy, strategies for adjustment, individual goal attainment, and overall quality of life. Further support access and inclusion by effectively coordinating diverse school-wide programs and numerous community service activities to assist students with disabilities to gain real-world knowledge of and access to community resources and practical experiences.

- Canisius College* *Buffalo, NY*
Cooperating Counselor, Department of Counseling and Human Services *1996 - 2021*
- Mentor graduate-level students in CACREP curriculum program according to established standards and procedures for counseling skill development. Model ongoing professional counselor identity for students and involvement in professional organizations; observe, evaluate, and provide training and feedback to improve effectiveness; confer with college faculty to promote student success, integration of theory to practice, and development of counselor professionalism.
- Medaille College* *Buffalo, NY*
Adjunct Faculty, Department of Psychology *2013 - 2014*
- Undergraduate Courses: Theories and Methods in Social Psychology, and Counseling Foundations. Facilitated students' learning of theory, and application of interventions within varied settings; encouraged and promoted diversity by implementing in-class discussion groups to support engaged communication and sharing of knowledge, views, attitudes, and beliefs to further students' understanding of others' worldviews.
- Canisius College* *Buffalo, NY*
Adjunct Faculty, Department of Counseling and Human Services *2010 - 2012*
- Graduate CACREP curriculum courses: Introduction to Professional Counseling and Ethics, and Mental Health Counseling Practicum. Utilized motivational style of teaching to advance students' understanding of professional counseling knowledge and skills, and use of research and evidenced-based practices; engaged students in activities to support awareness of conceptualization of clients from multiple theoretical perspectives; encouraged ethical and culturally relevant counseling practice in clinical settings; modeled ongoing professional counselor identity and reflective practice.
- Horizon Human Services* *Buffalo, NY*
Program Director, Geriatric Continuing Treatment *1984-1989*
- Administrative and clinical supervision; comprehensive planning and implementation to align with the counseling profession, on-going evaluation of the effectiveness of client care and staff services in community program for seniors with multiple disabilities including physical, psychiatric, medical, neurological, and/or cognitive impairment. Provided individual and group counseling, coordination of psychiatric mental health services, family involvement; community support service linkage; focus to maximizing client functioning and quality of life via rehabilitation services to facilitate client's adaptive and functional skills. Responsible for management of the New York State Office of Mental Health program compliance audit.
- State University of New York at Buffalo* *Buffalo, NY*
Cooperating Counselor *1984-1989*
- Mentor graduate-level Rehabilitation Counseling students according to established standards, content, and knowledge areas consistent with Rehabilitation Counselor skill development. Model professional counselor identity, roles, function, and relationships for students; observe, evaluate, and provide training and feedback to

improve effectiveness; confer with university faculty to promote student success and development of rehabilitation counselor professionalism.

Horizon Human Services *Buffalo, NY*
Interim Program Director, Bailey LaSalle Counseling Center *1986-1987*

- Administered and coordinated counseling program for individuals with psychiatric and behavioral health concerns and disabilities; staff supervision; attention to client medical and psychosocial issues; focus to client advocacy, client optimal independent functioning, employment, and inclusion in the community. Responsible for management of the New York State Office of Mental Health program compliance audit.

Corporation II, Community Mental Health Services *Buffalo, NY*
Senior Counselor, Delevan Moselle Counseling Center *1983-1984*

- Provided individual, group, and vocational counseling for clients with a range of disabilities and comorbid concerns including psychiatric, medical, substance abuse, behavioral, and job-related. Advocated for client concerns; collaborated with psychiatrist and team members to promote client wellness and goal achievement.

Erie County Medical Center *Buffalo, NY*
Primary Therapist, Department of Inpatient Psychiatry *1982-1983*

- As part of a multidisciplinary team, collaborated with medical/health professionals to develop comprehensive plans for individuals hospitalized with various psychiatric disabilities and related issues. Provided ongoing assessment and evaluations; conducted individual, couples, and family therapy; coordinated community outreach service linkage and case management strategies to enhance individual's optimal functioning and supports.

Education

State University of New York at Buffalo *Buffalo, NY*
Doctor of Philosophy: Counselor Education *2020*

State University of New York at Buffalo *Buffalo, NY*
Master of Science: Rehabilitation Counseling *1982*

Affiliations

- American Counseling Association (ACA)
 - ~ ACA of New York: Regional networking events
 - ~North Atlantic Region Conference Association for Counselor Education and Supervision: *Preparing Counselors in a Rapidly Changing World*
- American Rehabilitation Counseling Association (ARCA)
- American School Counselor Association (ASCA)
- Chi Sigma Iota, International Counseling Honor Society

Awards

- *Distinguished Educator* 2019
Child and Family Services, Stanley G. Falk School
- *Counselor of the Year* 2009
Canisius College
- *Outstanding Contributor* 2009
Drug Enforcement Administration, New York Department of Justice
- *Star Employee* 2003, 2007
Child and Family Services
- *Director of the Year* 1986
Horizon Human Services

Scholarship

- *Dissertation: Examination of Group Gender Composition on Group Member Satisfaction, Cohesion, and Outcome.* State University of New York at Buffalo
- *Research: Therapeutic Factors and Group Focus and Intent in Psychoeducational Groups for Students with Disabilities.* State University of New York at Buffalo

Service to Community

- American Cancer Society
- American Foundation for Suicide Prevention
- Center for the Arts, University at Buffalo
- Girl Scout Council of Western New York
- Just Buffalo Literary Center
- Ralph C. Wilson, Jr. Explore & More Children's Museum